



**5th INTERNATIONAL MEETING of TAIJI QUAN in groups  
SHOU BO COMPETITION 1st level XIANG BO  
INVITATION**

Dear friends of Chinese martial arts,

We will organize the 5th International Meetings of Taiji Quan in groups  
and Shou Bo Competition 1st level Xiang Bo\*  
in Saint-Germain en Laye at the Lavandières gymnasium  
Saturday 29 and Sunday 30 April 2023.

This tournament is part of the sporting and cultural dynamic of preparation for the 2024 Olympic Games in Paris, in partnership with the 2024 Olympic and Paralympic Games mission of the Sports Office of the City of Saint-Germain en Laye.

For several years now, we have successfully organized the official tournaments of the 2nd Meetings in 2011 and the 4th Meetings in 2014 in Saint-Germain en Laye, which is a radiant city in sporting and cultural terms.

It is with these solid bases that we want to organize a great event of excellence for Chinese martial arts which contributes positively to the preparation of the Olympic Games in Paris.  
We already have very good sporting bases for this and now we have the chance to do it.

We must use this opportunity full of sports and cultural exchanges to show everyone an exceptional combat sport, inheriting the essence of traditional Chinese martial arts and well suited to modern ecological society in the spirit of the values of Olympism.  
We must show everyone that it is now a combat sport which is a model for preparing for entry into the Olympic Games!

I hope that you will understand the opportunity offered by this situation and that you will all come to participate in the 5th Meetings and add a positive energy in the Olympic spirit that will make this event a success.

For information and registration, you can contact:

- the TAI CHI CHUAN 78 Association in Saint-Germain en Laye  
by email [info@taichichuan78.com](mailto:info@taichichuan78.com) and by phone +33 6 31 31 65 82
- the FISB in Paris by email [shoubo.international@gmail.com](mailto:shoubo.international@gmail.com) and by phone +33 6 20 27 23 05

Master YUAN Zumou  
President Organizing Committee  
President International Shou Bo Federation

Michelle LUREAU  
President TAI CHI CHUAN 78

\* *Xiang Bo: Tui Shou push hands and Shuai Jiao wrestling throwing techniques combined*